

African Culture Week - Kenya

A scenic view of a savanna landscape. In the foreground, there is a field of dry, golden-brown grass. Several acacia trees with their characteristic flat-topped canopies are scattered across the middle ground. In the background, a large, rugged mountain peak is visible, its upper slopes covered in snow or ice. The sky is filled with soft, white clouds, and the overall atmosphere is bright and clear.

By: Sean, Oliver, Rose, Connie & Padraig

Where is Kenya?

- Kenya is part of Africa
- It is located in the east, with coastline on the Indian Ocean
- Kenya borders five countries: Tanzania, Ethiopia, South Sudan, Uganda and Somalia.



Mount Kenya

- Mount Kenya is the highest mountain in Kenya, it's highest point is 17,057 feet above sea level
- The highest peaks called, Batian, Neilon and Point Lenina.



Capital City

- Nairobi is Kenya's largest city and also its capital city
- The city's name comes from the Maasai word for 'cool waters' as a stream once flowed through the area.
- Nairobi is known for its many historic monuments and also for Nairobi National Park which is the only national park in the world that borders a capital city.





Kenya's Weather and Climate.

By Oliver P.6

Weather & Climate

- **Kenya's climate is warm all year round**, with plenty of sunshine, cool nights and mornings.
- Kenya has two wet seasons and two dry seasons, from March to May and from November to December. The Highlands of Kenya has the biggest amount of rainfall.
- The lowland deserts of the north receive the least amount of rain, this can cause drought. This can cause food shortages.

Kenya's Flag

- This flag that represents Kenya, it was made on 12 December 1963 after Kenya's independence. _____
- The colour black symbolises the people of Kenya. Red is for the blood that was shed during the fight for freedom. Green is for Kenya's rich agricultural land and white symbolises peace.
- The shield and the two spears symbolise that all Kenyans are always ready to defend the independence they fought so hard for.





Food in Kenya

In Kenya they eat a lot of their local spices and foods. Tea is grown in Kenya so it is a very popular drink. Fruit is a big part of their diet. An example of their daily food would be:

- Breakfast - Chai (sweet tea with a lot of milk), Swahili (bread) and fruit.
- Lunch and Dinner - Ugali (porridge), Rice, stews, fish
- Snack - biscuits or fruit

Famous Dishes

1. Ugali



Photo by Meaduva on [Flickr](#).

Ugali is the most popular food in Kenya. Ugali is a staple starch cornmeal made with maize flour. Our fans like to take Ugali along with saucy beef, mushroom or fish stew, Sukuma wiki or green vegetable soup.

2. Pilau



Spicy Chicken Pilau. Photo by: Alpha on [Flickr](#).

Kenyans like eating Pilau – absolutely delicious. Pilau meal consists of rice flavoured with spices cooked in stock meat, chicken or fish. Most Kenyan Pilau meals are made with goat meat.

Famous Landmarks

Kenya is a beautiful country. It has lovely landscapes, waterfalls, caves and volcanoes. Kenya is famous for its safaris, forests, deserts and open plains.

If you visit Kenya you might like to visit:

- Mount Kenya (can go climbing, hiking or safari)
- Lake Victoria
- Safaris (popular Kenya animals are lion, leopard, elephant, buffalo and rhino)
- Lake Nakuru (lake with flamingos)
- The great Rift Valley (a valley that divides the middle of Kenya)

Famous Landmarks



Thomson's Falls / Guillaume 1995, Wikimedia Commons / CC BY-SA 3.0

The
Thompson
Falls and
the
famous
Lake
Nakuru
with its
flamingos



Millions of flamingos in Lake Nakuru / [ditzzy' girl](#), Flickr / CC BY 2.0



Education in Kenya



Primary education in Kenya lasts 8 years and it is compulsory and free. If the child decides they want to continue education they can go to secondary school but it is not compulsory however it is still free.

In 2003, Kenya enacted a law that made primary education free. As a result of this legislation, enrollment rates increased to 84%. Before this only rich families were able to send their children to school.

Although education is free pupils still need to pay for textbooks and uniforms.

Facts about schools in Kenya

- Many children who live in the countryside do not go to school as they are needed to help on the farm
- Some children have to walk for miles to get to school each day
- Many families believe that it is more important to educate their sons as daughters won't need education as they get married young and their role is to look after their husband and children. They are in charge of the house cleaning and cooking.
- Some charities work in Kenya building schools and teaching girls to make sure they have the opportunity to get to school.

Sports in Kenya

Sport is very important in Kenya. Tradition sports include wrestling, racing, hunting and board games.

Football is the most popular sport in Kenya.

Kenya has some famous athletics. Kenya's best known athletes include Mathan winner and two-time world champion Catherine Ndereba. In 2019 the London Marathon was won by Eliud Kipchoge from Kenya. This was the fourth time he won the London Marathon.

Football in Kenya

- This is the Kenyan Football team.
- They have not been very successful in winning anything.
- In Kenya there is a premier league it is known as the SportPesa Premier League.
- It is sponsored by East African Breweries Limited.
- The best football team in Kenya is Sofapaka.
- Kenya also have a women's football team.
- Ayub Timbe Masika is from Kenya and is a footballer for Reading FC.
- Michael Gitau plays for Middlesbrough FC as a right back.



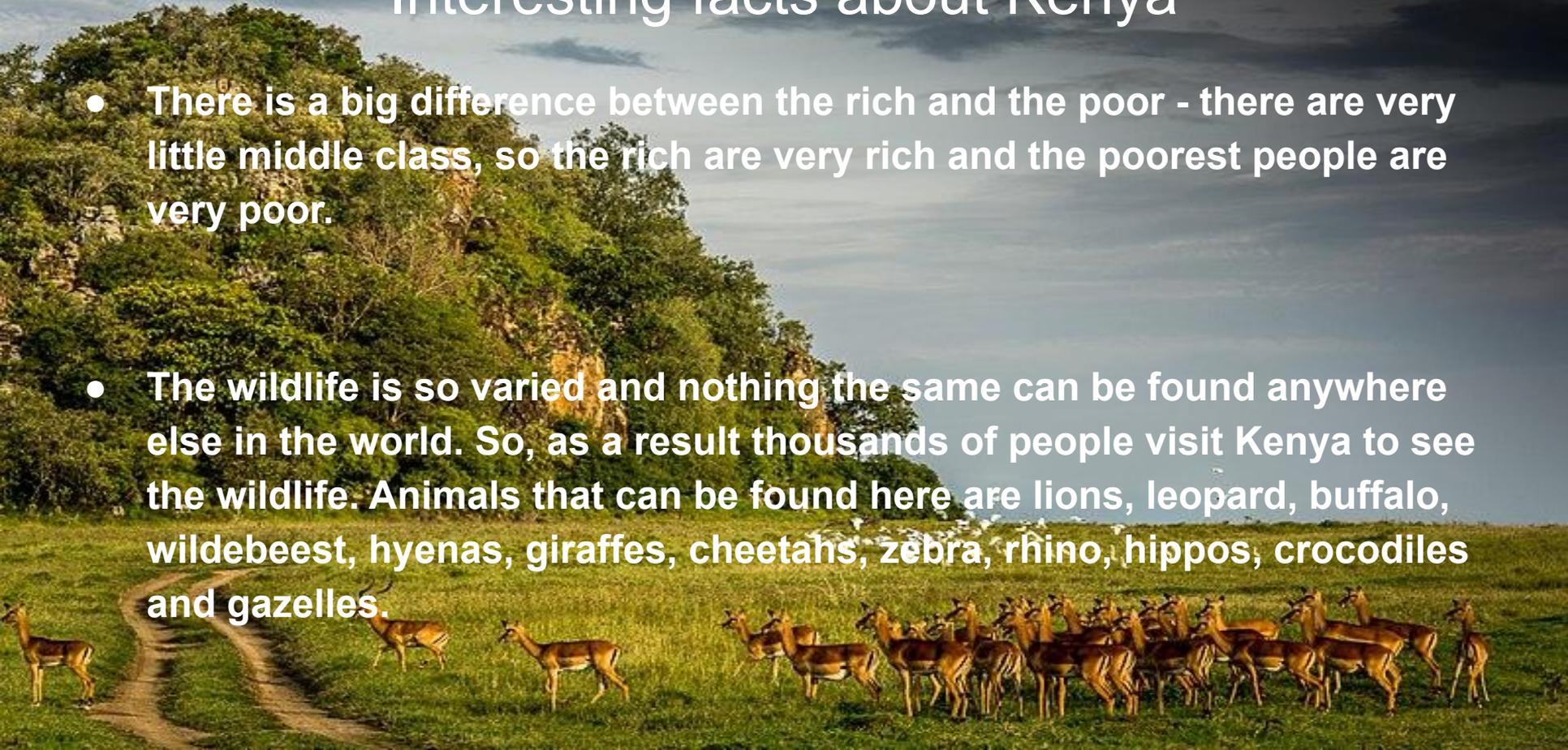
An outline map of Kenya is shown in the background, with the title and list of facts overlaid on it.

Interesting facts about Kenya

- 50 million people live in Kenya
- Kenya only has 2 seasons - rainy and dry seasons
- An environmentalist called Professor Maathai won a Nobel peace prize. She was the first African woman to win this prize.

Interesting facts about Kenya

- **There is a big difference between the rich and the poor - there are very little middle class, so the rich are very rich and the poorest people are very poor.**
- **The wildlife is so varied and nothing the same can be found anywhere else in the world. So, as a result thousands of people visit Kenya to see the wildlife. Animals that can be found here are lions, leopard, buffalo, wildebeest, hyenas, giraffes, cheetahs, zebra, rhino, hippos, crocodiles and gazelles.**



An outline map of Kenya is shown in the background, with the title and list of facts overlaid on it. The map shows the country's borders and its location in East Africa.

Interesting facts about Kenya

- Kenya became independent in 1963 and became a Republic in 1964. It was originally a British colony and was under British rule.
- The capital of Kenya is Nairobi
- The currency is shilling

Interesting facts about Kenya

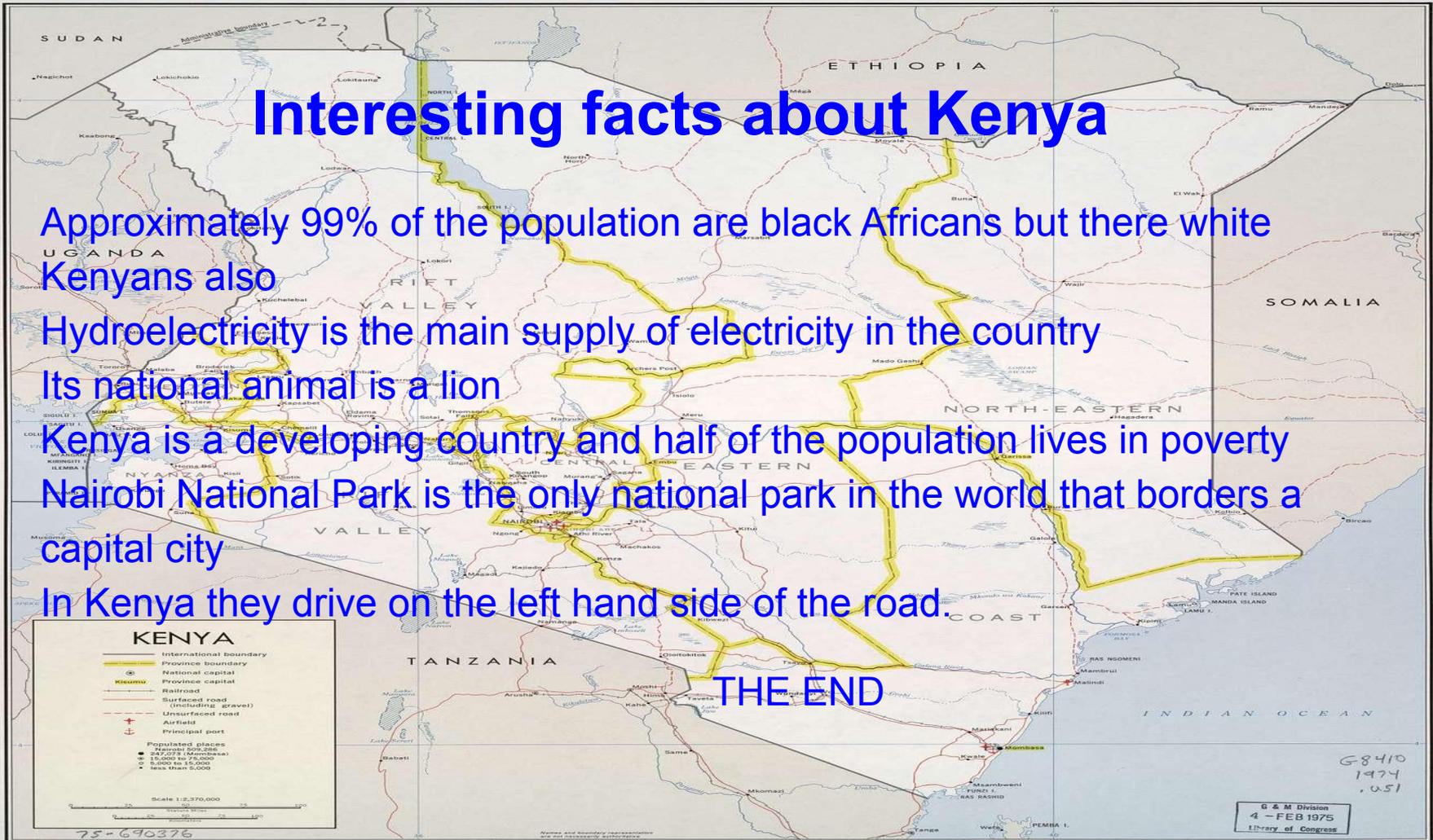
- 70% of the Kenya population are Christians and the majority is Protestant
- Kenya is best known for athletics, with a speciality in long distance running. Famous athletes we may have heard of are: Kipchoge, Paul Tergat, Catherine Ndereba and Kemboi.



Interesting facts about Kenya

- Approximately 99% of the population are black Africans but there white Kenyans also
- Hydroelectricity is the main supply of electricity in the country
- Its national animal is a lion
- Kenya is a developing country and half of the population lives in poverty
- Nairobi National Park is the only national park in the world that borders a capital city
- In Kenya they drive on the left hand side of the road.

THE END



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