



# AFRICAN CULTURE

KENYA

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# Where is Kenya?

Kenya is a country in East Africa with a coastline on the Indian Ocean in the south east. Its neighboring countries are Ethiopia, Somalia, South Sudan, Tanzania, and Uganda. With an area of 580,000 km<sup>2</sup>, the country is somewhat larger than Metropolitan France.

Annacloone to Kenya is  
7,110 miles away.



# Mount Kenya

*Mount Kenya* is the highest mountain in Kenya and the second-highest in Africa, after Kilimanjaro.

The highest peaks of the mountain are Batian (5,199 metres (17,057 ft)).

Mount Kenya is located in the former Eastern and Central provinces of Kenya.

Mount Kenya is the source of the name of the Republic of Kenya.



## Capital City of Kenya

**Nairobi** is the capital and the largest city of Kenya founded in 1899

The city had a population of 4,397,073 in the 2019 census, while the metropolitan area has a population of 9,354,580. (Twice the population of Ireland)

The city is popularly referred to as the Green City in the Sun.

The name Nairobi itself comes from the Maasai expression meaning "cool waters", referring to the cold water stream which flowed through the area.



# Food and Diet in Kenya



UGAL (White Maize Meal)  
A thick porridge



NYAMA CHOMA (lamb or goat)

It goes down well with a Tusker (Kenyan beer)

# Food and Diet in Kenya



CHAI YA TANGAWIZI  
(Milk, Ginger, Sugar and black tea)

It's taken every morning with family

# Landmarks in Kenya



A favorite exhibit is the carriage used during the hunt for the Maneater of Kima in 1900.

THE RAILWAY MUSEUM

# Landmarks in Kenya



**Kenyatta International Conference Centre**

You can go up to the rooftop viewing platform and admire panoramic views over Nairobi, or enjoy a meal at one of the restaurants.

# SPORT IN KENYA

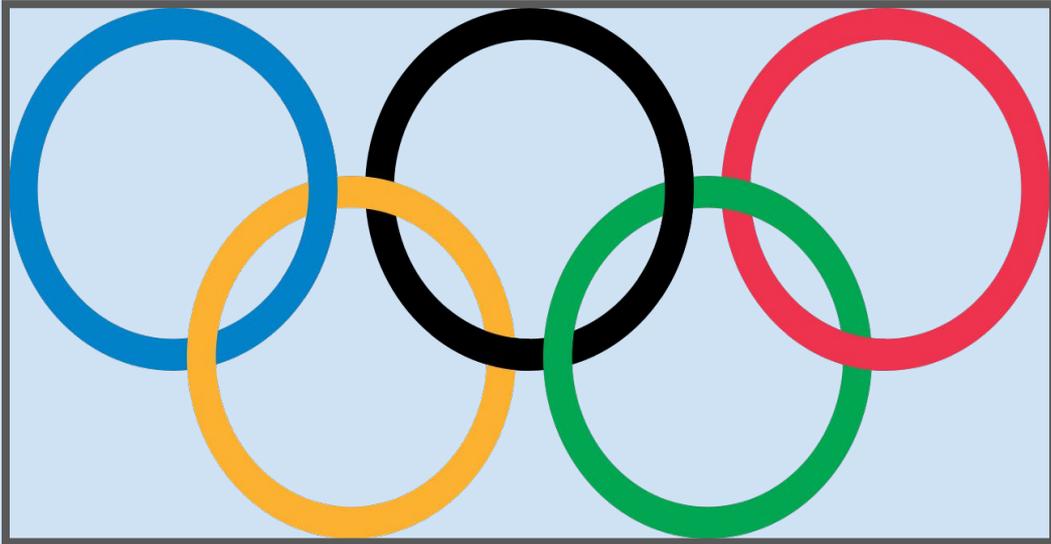
There are a number of sports played in Kenya, including **cricket, football, rugby union, field hockey and boxing.**

Football is the most popular sport in Kenya



Kenyan athletes dominate the world of distance running.

Kenya won several medals during the Beijing Olympics, six gold, four silver and four bronze, making it Africa's most successful nation in the 2008 Olympics.



# EDUCATION IN KENYA

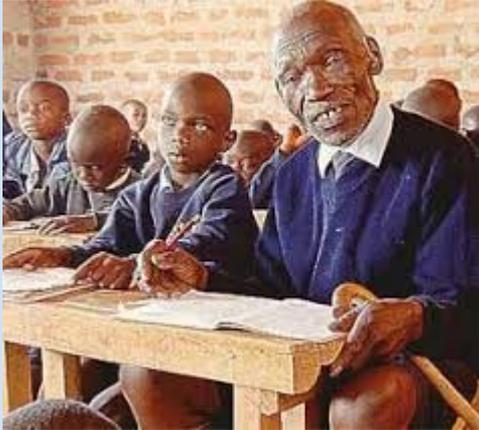
In Kenya children go to primary school at the age of **six** up to the age of fourteen. They can continue education after this into secondary school and then University but this is not compulsory.

Subjects studied in primary school are:

- English
- Kiswahili (a local language)
- Mathematics
- Science
- Social studies
- RE
- Creative Arts
- PE
- Life Skills

In 2003 primary school education became F R E E again to all.

On learning this, Kimani Maruge, an uneducated farmer, became the oldest person to enrol in primary school on January the 12th 2004 aged 84!!!



He holds the **Guinness World Record** for being the oldest person to start primary school.