

Capital of Kenya.

The capital of Kenya is Nairobi.

Nairobi became the capital of Kenya in 1963.

Nairobi which translates to "cool water", a reference to the Nairobi river which flows through the city, the town quickly grew to replace Mombassa as the capital of Kenya in 1907.

The city lies on the river Athi in the southern part of the country, and has an elevation of 1,795 metres (5,889 ft) above sea level.

Mount Kenya.

Mount Kenya is the highest mountain in Kenya and the second-highest in Africa, after Kilimanjaro.

The highest peaks of the mountain are Batian, Nelion and Point Lenana.

Mount Kenya is the source of the name of the republic of Kenya.

Mount Kenya is a stratovolcano created approximately 3 million years after the opening of the East African rift.

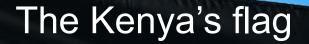
Where is Kenya?

Destination Kenya, a country in East Africa bordering the Indian Ocean in south east, neighboring countries are Ethiopia, Somalia, South Sudan, Tanzania, and Uganda.

With an area of 580,000 km2 the country is somewhat larger than Metropolitan France or slightly twice the size of the U.S state Nevada.







Kenya's flag is a black, red, green, and white with a traditional Maasai shield and white spears in the center.

Kenya's flag was adopted on December 12, 1963.

The black represents the people of Kenya, the red represents blood, the green represents natural wealth, and the white represents peace.

The Masai shield and spears represents the defense of freedom.

LANDMARKS.



Landmarks



Waterfalls -Gura falls 305 m tall, thomson falls beautiful 74m tall.

CAVES eg Kitum cave and Mackingeny up to 200 metres long.

Volcanoes and geothermal landmarks - Suswa volcano, Loburu geysers and hot spring, lake Bogoria

KENYA FOOD AND DRINK.



The typical national dish is ugali. This is a dish of cornmeal cooked until it is thick. It is then put on a plate for everyone to enjoy.

Sukuma wiki is another favourite food. It is a stew made from either collard or kale. It's green colour may put some kids.

Nyama choma is a meat dish, the Kenyan barbeque.

Kenyan Food & Drink

- A simple bread like dish called chapati is flat bread served with stew.
- Wali is a rice dish made with coconut milk.
- Maandazi is the Kenyan donut. It is deep fried and sweet and kids will love this.
- Kenya is big producer of tea worldwide.
- Afia Juice -1005 fruit juice and a family favourite.
- Tusker is the kenyan beer



Animals in Kenya

Kenya is home to the "big five"

- Lion
- Leopard
- Buffalo
- Rhino
- Elephant



Education in Kenya

- Missionaries helped set up schools in Kenya
- 85% of children attend primary school whereas in N. Ireland it is compulsory



Kenyan schools closed just like ours

Schools in Kenya are currently closed just like in Ireland.

Children are the same all around the world, we just want to learn and stay healthy.





Sports in Kenya - Athletics

Rank +	Nation +	Gold ♦	Silver +	Bronze +	Total ♦
1	United States	170	117	94	381
2	Kenya	60	50	41	151
3	Russia	43	52	48	143
4	Germany	38	36	47	121
5		35	49	43	127
6	Great Britain & Northern Ireland	30	36	38	104

- Kenya is the most successful country for long distance running.
- Only the United States have more World Championship medals
- Kenyan athletes currently hold more World Records than any other country
- David Rudisha won Olympic Gold and the World Record at London 2012: https://www.youtube.com/watch?v=YKEOjWEzVGs&t=200s

Football in Kenya

Victor wanyama is the first Kenyan to play in the English Premier League.

He joined Southampton from celtic then moved to Spurs for £13m.

