

Learning About Kenya

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Did you know...

- Kenya is located in the eastern part of Africa. It is on the coast, and shares its coast with the Indian ocean.
- Its neighbours include Uganda and Somalia.



Nairobi

The capital of Kenya is Nairobi.

Population in Nairobi :

Year: 1969, 1979, 1989, 1999, 2009, **2019,**

Population: 509,286, 827,775, 1,324,570, 2,143,254, 3,138,369, **4,397,073,**





Mount Kenya

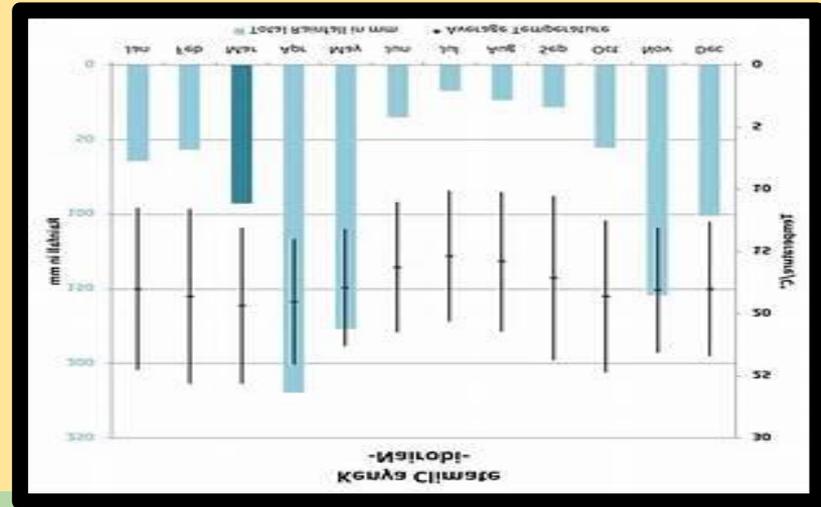
Mount Kenya is the highest mountain in Kenya.

It has 3 peaks, the highest is over 5,000 metres!



CLIMATE

The climate of Kenya varies by location, from mostly cool everyday, to always warm/hot. The climate around the coast is tropical. This means that rainfalls and temperatures are higher throughout the year.





Although in Kenya the weather is usually quite good throughout the year, they do get some hardship. These are pictures of the capital of Kenya, Nairobi. They show us how severe the flooding is and what damage an earthquake can cause.

Kenyan flag



What the Kenyan flag means: The colour black symbolizes the people of Kenya, red the blood that was shed during the fight of freedom, green symbolizes the Kenya's rich agricultural land and natural resources and the colour white symbolizes peace.





Food and Diet



1. Ugali - This food is a starchy food used in most meals, similar to how we use potatoes. It is ate with vegetables or meat. Ugali is made from cornmeal and mashed into a paste. It is the most common food.

2. Sukuma Wiki - This vegetable, Sukuma Wiki (collard greens in English) is a staple vegetable in the Kenyan diet. It is usually sliced very thin and fried in oil, along with onions and tomatoes.

3. Irio - A mixture of potatoes, green peas and kernels of corn. Ate with beans, meat or stew.

4. Pilau - influenced by Arabs, a spiced rice dish.



Food and Diet



5 Nayma - East African style of roasted meat/chicken (slow roasted over coals). Eaten with chilies and tomato salsa known as kachumbari.

6. Chapatis - Originally from the influence of Indians, flatbreads are popular in Kenya, and all over East Africa. They are rolled out and fried in oil until becoming crispy on the outside and gooey on the inside. They are often eaten as a snack with tea, and other times along with stew or vegetables.

7. Matoke - Banana Stew cooked with tomatoes, onions.



LANDMARKS IN KENYA

One of the famous landmarks of Kenya is the Kenyatta International Co building



Another is Moi Avenue's Famous Mombasa Tusks



Mount Kenya Mountain



Landmarks

Uhuru Gardens - a memorial Park that celebrates independence from the British Empire in December 1963



Education and life



Some places in Kenya are very much poor, as you can see the classrooms are all over crowded, I'm sure there are some children with no footwear.

In picture 2

What do you think is happening??

They are gathering their water for the next couple of days from a whole in the ground, the only way they can get water. As you can see most of the people are barefooted and they would have to walk miles before getting to the water whole.

Education

Kenya's education system is
8 years of primary,
4 years of secondary and
4 years of university education.

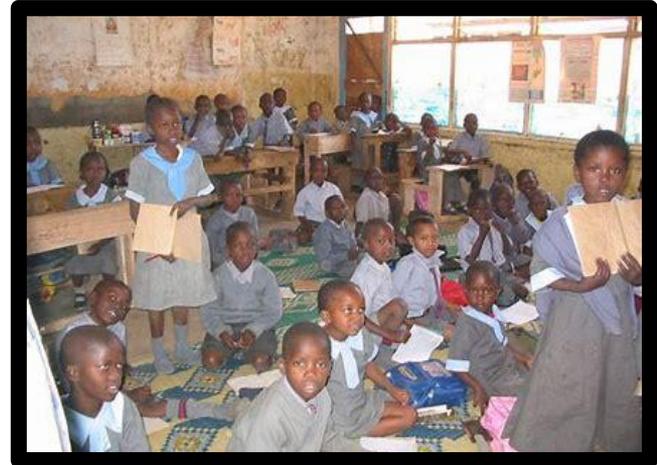
Children start school at 6 years old
The must complete an exam (Kenya Certificate of Primary Education (KCPE) to get into secondary school, think it might be like our Transfer Test!

New Education system coming 2-6-6-3 which means you will start schools at 4 years of age



Interesting facts about Education in Kenya

- First schools in Kenya were set up by the missionaries
- Only 40% of girls go to school
- Primary school is free but not compulsory
- GCSEs are known as kenya certificate of secondary education examination.



Sport

Kenyans love sports!

Soccer is the most popular sport in Kenya, but many Kenyans also are fond of **rugby**.



Long Distance Running

Kenya is perhaps best known for winning long distance medals at the olympics, as they have won many medals in the olympics.

Both men and women have many winners

I am sure they are very proud of being Olympic champions.

